



Tom Nichols is a former United States Marine and Operation Iraqi Freedom veteran. His passion for fitness started over ten years ago when he was a student at The University of Illinois Urbana-Champaign while preparing to join the Marine Corps.

After leaving the Marines in 2012, Tom earned his Personal Trainer Certification, and has instructed clients and taught fitness classes for Gladiator Fitness Boot Camp, as well as for a major fitness center.

Like all of our instructors at Gladiator Fitness, Tom believes that in order to change yourself, you need to challenge yourself!

