



*Mauro Marcellino*



After becoming frustrated with "big box" gyms, Mauro joined the ranks of the Gladiator Fitness Haymarket Ludus back in 2011 looking for something different. After one visit, he was hooked and has been a dedicated member ever since.

A native of Southern California and having served in the United States Navy, fitness has always been part of Mauro's life, however, he never considered teaching classes until after receiving some encouragement from Gunny.

Inspired with the desire to better himself and others, Mauro attained his National Federation of Professional Trainers (NFPT) Certified Personal Trainer certification in 2014 and now leading Monday morning and Thursday evening workouts in Prince William County.

